

The 40 Days of Prayer

Small Group Experience



And when they had prayed, the place in which they were gathered together was shaken, and they were all filled with the Holy Spirit and continued to speak the word of God with boldness. Acts 4:31

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40 Days of Prayer for Spiritual Renewal

Week 1: Small Group Experience

Pursue Christ

Engage as a Spiritual Community (20-25 minutes)

Allow group members to choose a question and share.

- What has been your biggest blessing this week?
- What has been the most challenging this week?
- What are you thankful for this week?
- What is the greatest need in your life right now?
- What has been your most meaningful prayer experience this week?
- How have you seen God at work this week?
- What is one response you are willing to share from your Journal this week?

OPEN IN PRAYER – Adoration, Thanksgiving, Confession & Needs revealed

Edify & Equip as a Spiritual Community (20-25 minutes)

Open your prayer guides & Bibles.

Day 1 – Psalm 103:1-5, Psalm 19:7-11,
Psalm 51:7-12, Philippians 4:4-8

Day 2 – 1 Peter 1:13-21

Day 3 – Luke 9:23-26

Day 4 – John 10:1-5

Day 5 – Romans 12:1-2

Day 6 – Psalm 1:1-6

Day 7 – Philippians 3:7-14

Pick a day. What is one WORD or phrase that summarizes that passage? Why?

- What did God reveal to you about PURSING CHRIST this week?
- What did you learn about spiritual renewal this week?
- Which passage gave you encouragement, inspiration, or conviction?
- How do these passages define a proper mindset and/or heart-posture?
- What steps of obedience and/or faith is God asking from you?

Embrace through prayer as a Spiritual Community (20-25 minutes)

Ask each person to open their Bibles to one of the passages. Take turns praying over portions of their passage in a reflective way. Allow the Holy Spirit to prompt you over the meaning of words and the implications of phrases. Personalize these words and phrases. Consider heart posture and mindset. Turn a negative phrase into a positive or vice versa. Ask God for these things to be true in your life and the life of the church.

Father, you are my...

Father, renew in me...

Father, help us to...

Father, reveal to us...

Father, I thank you for...

Father, change in me...

Father, lead our church...

Father, be mighty to save...

Father, we confess...

Father, we believe...

Father, we seek you...

Father, unleash...

40 Days of Prayer for Spiritual Renewal

Week 2: Small Group Experience

Pursue Christ

Engage as a Spiritual Community (20-25 minutes)

Allow group members to choose a question and share.

- What has been your biggest blessing this week?
- What has been the most challenging this week?
- What are you thankful for this week?
- What is the greatest need in your life right now?
- What has been your most meaningful prayer guide experience this week?
- How have you seen God at work this week? (You, family, church, etc.)
- What is one response you are willing to share from your Journal this week?

OPEN IN PRAYER – Adoration, Thanksgiving, Confession & Needs revealed

Edify & Equip as a Spiritual Community (20-25 minutes)

Open your prayer guides & Bibles.

Day 8 – Psalm 63:1-8

Day 9 – 2 Peter 1:3-11

Day 10 – Colossians 3:1-10

Day 11 – Ephesians 3:14-21

Day 12 – Psalm 40:1-8

Day 13 – Psalm 100:1-5

Pick a day. What is one WORD or phrase that summarizes that passage? Why?

- What did God reveal to you about PURSING CHRIST this week?
- What did you learn about spiritual renewal this week?
- Which passage gave you encouragement, inspiration, or conviction?
- How do these passages define a proper mindset and/or heart-posture?
- What steps of obedience and/or faith is God asking from you?

Embrace through prayer as a Spiritual Community (20-25 minutes)

Ask each person to open their Bibles to one of the passages. Take turns praying over portions of their passage in a reflective way. Allow the Holy Spirit to prompt you over the meaning of words and the implications of phrases. Personalize these words and phrases. Consider heart posture and mindset. Turn a negative phrase into a positive or vice versa. Ask God for these things to be true in your life and the life of the church.

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Father, I thank you for...

Father, we confess...

Father, renew in me...

Father, change in me...

Father, we believe...

Father, help us to...

Father, lead our church...

Father, we seek you...

Father, reveal to us...

Father, be mighty to save...

Father, unleash...

Father, forgive me for...

Father, you are worthy...

Father, we love...

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Week 3: Small Group Experience

Pursue Christ's Community

Engage as a Spiritual Community (20-25 minutes)

Allow group members to choose a question and share.

- What has been your biggest blessing this week?
- What has been the most challenging this week?
- What are you thankful for this week?
- What is the greatest need in your life right now?
- What has been your most meaningful prayer guide experience this week?
- How have you seen God at work this week? (You, family, church, etc.)
- What is one response you are willing to share from your Journal this week?

OPEN IN PRAYER – Adoration, Thanksgiving, Confession & Needs revealed

Edify & Equip as a Spiritual Community (20-25 minutes)

Open your prayer guides & Bibles.

Day 14 – Matthew 4:23-24; 5:23-24; 7:3-5; 18:15-17; Colossians 3:12-17

Day 15 – Acts 2:42-47

Day 16 – Philippians 2:1-11

Day 17 – John 17:17-23

Day 18 – Ephesians 4:1-6

Day 19 – 1 Peter 2:1-5

Day 20 – Romans 12:3-8

Pick a day. What is one WORD or phrase that summarizes that passage? Why?

- What did God reveal to you about PURSING CHRIST's Community this week?
- How do the relationships in the Body of Christ lead to spiritual renewal?
- Which passage gave you encouragement, inspiration, or conviction?
- What change is needed in you to live with loyal love with your church family?
- What steps of obedience and/or faith is God asking from you?

Embrace through prayer as a Spiritual Community (20-25 minutes)

Ask each person to open their Bibles to one of the passages. Take turns praying over portions of their passage in a reflective way. Allow the Holy Spirit to prompt you over the meaning of words and the implications of phrases. Personalize these words and phrases. Consider heart posture and mindset. Turn a negative phrase into a positive or vice versa. Ask God for these things to be true in your life and the life of the church.

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Father, we believe...

Father, help us to...

Father, lead our church...

Father, we seek you...

Father, reveal to us...

Father, be mighty to save...

Father, unleash...

Father, forgive me for...

Father, you are worthy...

Father, we love...

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Week 4: Small Group Experience

Pursue Christ's Community

Engage as a Spiritual Community (20-25 minutes)

Allow group members to choose a question and share.

- What has been your biggest blessing this week?
- What has been the most challenging this week?
- What are you thankful for this week?
- What is the greatest need in your life right now?
- What has been your most meaningful prayer guide experience this week?
- How have you seen God at work this week? (You, family, church, etc.)
- What is one response you are willing to share from your Journal this week?

OPEN IN PRAYER – Adoration, Thanksgiving, Confession & Needs revealed

Edify & Equip as a Spiritual Community (20-25 minutes)

Open your prayer guides & Bibles.

Day 21 – Ephesians 4:7-16
Day 22 – Proverbs 27:17
Day 23 – 1 Thessalonians 2:7-12
Day 24 – 1 Peter 4:7-11
Day 25 – Hebrews 10:22-25
Day 26 – Colossians 1:9-14

What did God reveal to you about PURSING CHRIST's Community week?

- How do each of these impact the Body of Christ?
 "sharpen, equip, mother, father, serve, strengthen, spur"
- How is the glory of God revealed in our relationships in our church family?
- Which passage gave you encouragement, inspiration, or conviction?
- How have you experienced spiritual community with our group? Testify!
- How can **"we"** better love and serve **"one another"** in practical ways?

Embrace through prayer as a Spiritual Community (20-25 minutes)

Ask each person to open their Bibles to one of the passages. Take turns praying over portions of their passage in a reflective way. Allow the Holy Spirit to prompt you over the meaning of words and the implications of phrases. Personalize these words and phrases. Consider heart posture and mindset. Turn a negative phrase into a positive or vice versa. Ask God for these things to be true in your life and the life of the church.

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Father, renew in me...	Father, change in me...	Father, we believe...
Father, help us to...	Father, lead our church...	Father, we seek you...
Father, reveal to us...	Father, be mighty to save...	Father, unleash...
Father, forgive me for...	Father, you are worthy...	Father, we love...

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Week 5: Small Group Experience

Pursue Christ's Commission

Engage as a Spiritual Community (20-25 minutes)

Allow group members to choose a question and share.

- What has been your biggest blessing this week?
- What has been the most challenging this week?
- What are you thankful for this week?
- What is the greatest need in your life right now?
- What has been your most meaningful prayer guide experience this week?
- How have you seen God at work this week? (You, family, church, etc.)
- What is one response you are willing to share from your Journal this week?

OPEN IN PRAYER – Adoration, Thanksgiving, Confession & Needs revealed

Edify & Equip as a Spiritual Community (20-25 minutes)

Open your prayer guides & Bibles.

Day 27 – Psalm 103:8-13; Luke 15:1-7; 8-10; 11-32

Day 28 – Matthew 28:18-20

Day 29 – 2 Peter 3:8-10

Day 30 – Luke 19:1-10

Day 31 – 1 Peter 2:9-12

Day 32 – Psalm 40:1-10

Day 33 – Acts 4:23-31

- What does Psalm 40 reveal about PURSING CHRIST's Commission?
- What is the heart of God from the passages in Luke? Share details.
- How have you experienced Psalm 103? Share testimonies.
- Who can share the 3 Circles with the group?
- Who has God given you a burden to pray for and engage with the Gospel?
- What steps of obedience and/or faith is God asking from you?

Embrace through prayer as a Spiritual Community (20-25 minutes)

Ask each person to open their Bibles to one of the passages. Take turns praying over portions of their passage in a reflective way. Allow the Holy Spirit to prompt you over the meaning of words and the implications of phrases. Personalize these words and phrases. Consider heart posture and mindset. Turn a negative phrase into a positive or vice versa. Ask God for these things to be true in your life and the life of the church.

Father, you are my...	Father, I thank you for...	Father, we confess...
Father, renew in me...	Father, change in me...	Father, we believe...
Father, help us to...	Father, lead our church...	Father, we seek you...
Father, reveal to us...	Father, be mighty to save...	Father, unleash...
Father, forgive me for...	Father, you are worthy...	Father, we love...

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Week 6: Small Group Experience

Pursue Christ's Commission

Engage as a Spiritual Community (20-25 minutes)

Allow group members to choose a question and share.

- What has been your biggest blessing this week?
- What has been the most challenging this week?
- What are you thankful for this week?
- What is the greatest need in your life right now?
- What has been your most meaningful prayer guide experience this week?
- How have you seen God at work this week? (You, family, church, etc.)
- What is one response you are willing to share from your Journal this week?

OPEN IN PRAYER – Adoration, Thanksgiving, Confession & Needs revealed

Edify & Equip as a Spiritual Community (20-25 minutes)

Open your prayer guides & Bibles.

Day 34 – Luke 10:1-3

Day 35 – Haggai 1:1-11

Day 36 – 2 Corinthians 5:14-21

Day 37 – Romans 10:9-15

Day 38 – Revelation 7:9-12

Day 39 – 2 Corinthians 2:14-17

Day 40 – 1 Thessalonians 1-2

What do these passages reveal about PURSING CHRIST's Commission?

- What is the significance of being an ambassador?
- How did the Thessalonians turn their town upside down?
- Dream. What can God do with a church fully submitted to Him?
- What change is needed in you to be who God called you to be?
- Pair up. Practice sharing the 3 circles.

Embrace through prayer as a Spiritual Community (20-25 minutes)

Ask each person to open their Bibles to one of the passages. Take turns praying over portions of their passage in a reflective way. Allow the Holy Spirit to prompt you over the meaning of words and the implications of phrases. Personalize these words and phrases. Consider heart posture and mindset. Turn a negative phrase into a positive or vice versa. Ask God for these things to be true in your life and the life of the church.

Father, you are my...

Father, renew in me...

Father, help us to...

Father, reveal to us...

Father, forgive me for...

Father, I thank you for...

Father, change in me...

Father, lead our church...

Father, be mighty to save...

Father, you are worthy...

Father, we confess...

Father, we believe...

Father, we seek you...

Father, unleash...

Father, we love...

Battle Buddy

Choose a prayer partner.

Call one another 3 times a week to pray for 10 minutes.

Or commit to meeting at least 30 minutes for prayer once a week.

¹⁶ Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working. James 5:16

REFLECT (Share from 40-day guide responses)

What is the Lord revealing to you?

What has been an encouragement, challenge, or conviction?

How can I pray for you personally?

RESPOND (Use Scripture and/or prompts to seek the Lord)

Father, you are my...

Father, I thank you for...

Father, we confess...

Father, renew in me...

Father, change in me...

Father, you have promised...

Father, help us to...

Father, lead our church...

Father, we seek you for...

Father, be mighty to save...



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